10-09-22 FOR THE JOURNEY THIS WEEK

"The basic Christian response to God is gratitude: gratitude for the gift of life, gratitude for the world, gratitude for the dear people God has given us to enrich and grace our lives. The basic Christian experience is gratitude to God for God's love in Jesus Christ and the accompanying gift of hopeful confidence and wholeness and wellness that comes with it, regardless of the worldly circumstances in which we find ourselves."

- John M. Buchanan

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Luke 17:11-19

Questions for Reflection —

- Would you describe yourself overall as a grateful person? Why or why not? What does it mean for you to live with a grateful heart? What does it look like to approach even the most ordinary aspects of daily life with gratitude? How often during the week do you express thanks and praise to God? What form does your praise and thanksgiving take?
- For what in your own life are you most grateful? What do you celebrate about our life together as a congregation? What are some things in your own life and in the life of our congregation that you tend to take for granted? Under what circumstance is it a struggle for you to be grateful? What practices might help you be more aware of and thankful for God's sustaining love and care even when you face difficulties?
- How has Jesus healed or cleansed you in the past? In what ways are you presently in need healing or cleansing? What would wholeness look like for you in all aspects of your life? What do you need in order to claim the full and abundant life Jesus offers? How can we as a congregation better help and support one another in the search for healing and wholeness? How can we better enable one another to live well and fully?

Daily Household Prayer

Wondrous God, our hearts are full of praise for all of the glorious things you have given to us. When we look upon your creation, we realize that it reflects your glory. When we experience the gift of a parent's love, we are reminded of your tender love for us. When we worship in the great congregation of all who name you as Lord, we are blessed to be counted among your children. Hear our prayer of joy and thanksgiving this day, and sustain in us grateful hearts, that we might praise you eternally. Through Christ, our Lord. Amen.