

02-12-23 FOR THE JOURNEY THIS WEEK

“...we are shaped by our choices, moment by moment, day by day, and year by year. Every time we make a choice we are turning some deep and inner part of ourselves... into something a little different than it was before.

And taking our lives as a whole, with all our innumerable choices...we are slowly turning this deep and inner part of ourselves into something that is in harmony with God and with God’s purposes in the world, or into something that is contrary to them.”

- David Vryhof



Deuteronomy 30:15-20 ✝ Matthew 5:21-37

Questions for Reflection —

- What does it look like for you to follow God’s path? What helps you discern how to obey God? What are the challenges? In what ways do you feel in harmony with God and with God’s purposes? Where is there room for more growth in your love of God? What does it look like for you to seek God with all your heart? What spiritual practices will help you better connect with God and God’s purposes for you?

- Where have you experienced brokenness in your life? What do you need in order to move beyond brokenness to wholeness? What does it mean for you to “choose life”, to live abundantly? What does it mean for our congregation as a community of faith to walk in the choice of life? What can we as a congregation do to promote human flourishing in our community and in our world?

- What significant choices have helped to shape your life to this point? What role has your faith played in your making those choices? What important decisions do you presently face? What values and priorities guide the choices you make? How do you bring God into your decision-making process? What helps you to listen for God’s voice? What do you consider to be the important choices and decisions for our congregation at this point? How might we pay attention to the nudgings of the Holy Spirit for the choices and decisions we make?

Daily Household Prayer

Come, Holy One: teach us your ways, lead us in your paths, guide us on our journey. Speak to us your words of life, for you offer us direction and wholeness when we hear your voice and follow. You bless us with your love, shower us with your grace, and help us grow in faith. We seek you, O God, with all our hearts. Be near us this day. Amen.