

## 02-19-23 FOR THE JOURNEY THIS WEEK

“God prepares [God’s] people in the transcendent encounters of our lives to endure the world below, the world of the cross, the world that has the ability to break us and yet is never beyond God’s redemption.”

- *Maryetta Madeleine Anschutz*



Matthew 17:1-9

### Questions for Reflection —

- What role do awe and wonder play in your relationship with God? How/when/where do you experience the majesty and glory of God? What areas of your life are most in need of the illumination of Christ’s light? Where/how does the light of Christ shine most fully in and through you? How do you reflect God’s love, grace, peace, and compassion to people you encounter in your daily life?
  
- What have been some of the transcendent “mountaintop” experiences of your faith journey? How was your relationship with God deepened by those experiences? In what ways was your life transformed by those experiences? How have those experiences better enabled you to cope with the challenges of life in the valleys of your journey?
  
- What does it mean for you to listen to Jesus? What distracts you from listening to his voice? What spiritual practices help you to center yourself amid the noise and clamor of daily life? What do you need in order to better focus on your relationship with Jesus and draw closer to him? What helps you incorporate Jesus’ teachings into the fabric of your life?

### Daily Household Prayer

Holy God, upon the mountain you revealed our Messiah, who by his death and resurrection would fulfill both the law and prophets. By his transfiguration enlighten our path that we may dare to suffer with him in the service of humanity and so share in the everlasting glory of him who lives and reigns with you and the Holy Spirit, One God, forever. Amen.