

## 03-12-23 FOR THE JOURNEY THIS WEEK

“This text [John 4:5-42] suggests that the life of faith and discipleship will be refreshed and reanimated by attending to Jesus’ vision of transformed reality and, most important, to Jesus himself. Jesus’ metaphors of living water and worship in spirit and truth invite the church to a new relationship to God and to one another through his incarnate presence.”

- Gail R. O’Day



John 4:5 -42

### Questions for Reflection —

- What is your deepest spiritual thirst? In what facets of your life of faith do you need refreshment? What spiritual practices might reanimate your life of discipleship? In what ways do you see spiritual thirst in people around you? What role can you play in quenching the spiritual thirst of someone else? What does it look like for you to allow the living water of Jesus to flow in and through you to others?
  
- What assumptions, presumptions, and/or expectations interfere with your ability to consider the perspective of someone who differs with you? What cultural and social divides challenge your ability to engage in meaningful dialogue with others across differences? What can you do to break some of those barriers in order to establish meaningful relationships with people who are different from you? How can we as a congregation better live into our sanctuary statement so that “all feel welcomed, loved, accepted, valued, and affirmed for who they are”?
  
- How do you feel when you consider that Jesus knows your whole life story? Is there a truth about yourself that you try to hide from God? What best enables you to offer all of yourself—heart, soul, mind, and strength—to God in worship and service? How is your worship of God manifest in your attitude and actions in daily life? What have been your most meaningful worship experiences? What does it mean to worship God in spirit and truth?

### Daily Household Prayer

O God, the fountain of life, to a humanity parched with thirst you offer the living water of grace which springs up from the rock, our Savior Jesus Christ. Grant your people the gift of your Spirit, that we may learn to profess our faith with courage and announce with joy the wonder of your love; through Jesus Christ. Amen.