

## 08-06-23 FOR THE JOURNEY THIS WEEK

“The problems that surround us will always be overwhelming, our resources will always be insufficient, but God tells us to offer them anyway. Do what you can do; give what you can give – even if it seems ridiculously insufficient.”

- David Vryhof



Matthew 14:13-21

### Questions for Reflection —

- In what ways are you hungry for spiritual nourishment? How well balanced is your spiritual diet? What are some of the things that presently nourish you spiritually? What additional sustenance might you need? What does it look like for you to feed on the Word of God?? What spiritual hungers do you perceive in our society? How can we as a congregation through our programs and ministries feed people spiritually?
  
- How have you experienced God’s faithful provision in your life? In the life of our congregation? When/how have you seen small acts of sharing lead to great abundance? What is our role as a congregation in sharing God’s gifts and blessings with others? What does it look like for us to be a sharing community?
  
- What social justice issues move you to compassion? What unfilled humanitarian needs do you see in local communities in our area? Do you trust that God can use you—what you bring and what you offer—in some way to address those issues or meet those needs? If you feel overwhelmed at the prospect, what will help expand your vision and thinking? What first step might you take? What will enable you to take that first step?

### Daily Household Prayer

Almighty God, you sustained your people with bread and fish by the sea of Galilee. Sustain us today, not only with physical food, but also with spiritual food, the bread of life who is our Lord Jesus Christ. Amen.