

## 06-23-24 FOR THE JOURNEY THIS WEEK

“In the direst storms of our lives, we have to remind ourselves that God is still with us. God has not left us, God still has the power to calm the raging storms in our lives.”

- Gabby Cudjoe-Wilkes



Numbers 13:1-3, 25-33; 14:1-3 ✠ Mark 4:35-41

### Questions for Reflection —

- What “storms” have you had to face in your life? How do you tend to react to chaos, disruption, and confusion? Are there any storms brewing presently? What does faith look like in the midst of those storms? What do you need in order to trust God’s presence with you? What will help you remember that Jesus is with you in the boat?
  
- How do you find the quiet center when the storms of life rage around you? What spiritual practices bring you inner peace and calm? What scripture passages or hymn texts do you turn to for sustenance and hope in difficult times? What enables you to maintain a sense of God’s presence with you when life is challenging?
  
- How easily do you acknowledge your fears? Has fear ever overshadowed your faith? In what ways has fear interfered with your ability to follow God’s call and receive God’s blessings? What fears do you currently have about following God’s call on your life? What do you need in order to stay faithful to your commitment to follow Christ?

### Daily Household Prayer

Gracious and Loving God, you are the Keeper of our lives, and you call us to faithful living. Give us courage to risk danger to protect those who are oppressed and poor, that they may know you as their stronghold and hope. Through the storms of life that bring suffering and fear, joy and laughter, teach us to turn to you for all we need, so that we may come to know your presence even in the midst of the trials that surround us. We pray in the name of Jesus, the One who calms the storms. Amen.