

08-04-24 FOR THE JOURNEY THIS WEEK

“Jesus uses the language of daily physical need to show us how integral our relationship with God is. Jesus offers to meet our constant need for God's presence in our lives. Just as bread and water satisfy us physically, Jesus--the Bread of Life--offers divine sustenance for our souls.”

- *Cintia M. Listenbee*



John 6:24-35

Questions for Reflection —

- For what do you hunger spiritually? What are the deepest longings of your heart and soul? What is missing in your life that is keeping you from living the fullness of life promised by Jesus? What spiritual hunger do you see in the people whom you encounter in your daily life—family, friends, coworkers, neighbors? How does spiritual hunger manifest in our society?

- How do you feed your soul? What is the spiritual bread on which you feed? What spiritual practices provide nourishment for your soul? How do you share spiritual sustenance with others? How can we as a congregation offer sustenance for the spiritual hunger in our world?

- Is your nurturing your relationship with God a top priority in your life? Why or why not? What does it mean for you to feed on the Word of God in the Bible? How do you inwardly digest Scripture? How are you sustained by the Bread of Life on a daily basis? How does being fed by the Bread of Life assist you when facing challenging moments?

Daily Household Prayer

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the Word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.