

08-18-24 FOR THE JOURNEY THIS WEEK

“The church’s priority is always to share with people the bread from heaven, the bread that gives eternal life, while at the same time responding to their physical needs.

Doing this should not be a burden for us. When we eat from the flesh and drink from the blood of the Son of Man, when we abide in him, we are naturally moved to love God and our neighbors in words and deeds.”

- *Alma Tinoco Ruiz*



John 6:51-58

Questions for Reflection —

- What does it mean to share the life of God, to participate in the life of Jesus? How does Jesus live in and through you? What does it look like for you to assimilate Jesus’ way of thinking and acting completely into your very being? What helps to bring you into deeper union with the Triune God? How are you a living dwelling place for the divine as you go about your daily life?

- Do you remember the first time you received Holy Communion? What was that experience like for you? What has been your most meaningful experience of the sacrament of Holy Communion? What does Holy Communion mean to you now? How important is it to your life of faith for you to regularly participate in the sacrament of Holy Communion?

- What does it mean for us as a congregation to meet people where they are? How can we further cultivate awareness of the physical and spiritual needs of those to whom we minister? What is the balance in meeting physical as well as spiritual needs of those in the neighborhoods and community around us? What more might we be called to do to embody love of God and neighbor in both word and action?

Daily Household Prayer

O God, help us to love you more fully, to serve you more eagerly, and to worship you more sincerely. Too often the world turns away from you because of what they see in us who call ourselves by your name. Forgive us, Lord, and enable us to demonstrate your light and your love in all that we do. Amen.